

Show everyone you have a crush on Alberta.



Crush and recycle your empty milk containers.

Every year in Alberta, millions of empty milk containers get thrown away - creating needless waste. But you can make a difference. When you recycle your empty milk containers they're turned into other useful products. Jugs become flowerpots, drainage pipe or shampoo bottles. Cartons are made into corrugated cardboard or even fine writing paper. It's a simple way to help preserve Alberta's great natural beauty.



Swish and squish.

Remember, before you recycle, give your empty milk containers a swish with warm water, and a squish with your hands, your feet or whatever else works, so they take up less space in your container. It's a simple way to deliver needless waste a crushing blow.

Alberta Dairy Council
Milk Container
Recycling Program

For more information about the milk container
recycling facilities in your community call

1-877-414-5847.

